



Instructions for rolling your Prospect Medical Retirement Plan to the UCHCN 401(k) Plan

Please note that the rollover must be requested from Principal by April 2, 2026 or you will be forced out of the PMH Plan into a Principal IRA.

1. Visit **Principal.com** and select **Log In**.
2. Once logged in you will see options for your Prospect Medical 401k Plan as well as your new UCHCN 401k Plan. **Select/Click on your Prospect Medical 401k Plan account** and proceed with the following instructions.
3. At the top of the page, select **My Options**.
4. Under employment status, choose **Planning to leave or have left**.
5. Your available distribution options will be displayed. These may include:
 - Rolling funds to an IRA at Principal or another provider
 - **Moving funds to another employer plan at Principal or another provider**
 - Withdrawing cash from your account
 - Requesting a combination of these options
6. Select **Explore Moving**.
7. On the next screen, select **Move to another Principal plan**.
8. Confirm your citizenship status.
9. On the following page enter the **6-digit contract number** for the UCHCN 401k Plan, **638093**. Once entered, select **Final Review** to continue.
10. On the final page, select **Submit**.

If you have any questions or would like assistance from a Principal representative, please contact the **Principal Distribution Support Team at 1-800-547-7754**. Representatives are available Monday-Friday, 8:00 a.m. to 10:00 p.m. EST, and will be happy to help you through the process